

# Eye Protection

## Primary causes of eye injuries:

- Flying objects from hand tools
- Small particles from abrasive wheels
- Splashing metal, chemicals and corrosive substances
- Harmful light, laser or heat rays
- Poisonous gas or fumes

## Eye protection tips:

- Use safety glasses with side shields when there is a risk of flying objects
- Make sure eyewear is not restrictive to vision or movement
- Choose goggles to form a shield around your eyes when handling hazardous liquids
- If arc welding, wear a welding helmet with lenses
- Use safety prescription lenses or eye protection worn over your regular glasses or contacts
- Ensure eyewear is American National Standards Institute (ANSI) approved
- When outdoors, select glasses that have ultraviolet (UV) protection
- Replace chipped or deep scratched lenses
- Wash eye protection with warm water and soap
- Have a readily available eyewash station
- Seek immediate care in an emergency



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